



# Crusaders Soccer

## recreational youth soccer sign-ups

**everyone plays for fun and recreation - no experience required**

**CRUSADERS SOCCER CLUB** is a not-for-profit, volunteer-based organization, formed to teach and promote youth soccer in the SAN DIEGO area. We serve the communities of ALLIED GARDENS, SAN CARLOS, DEL CERRO, LA MESA, SPRING VALLEY, SANTEE, LEMON GROVE and EAST SAN DIEGO.

The **CRUSADERS** philosophy for its recreational soccer program is to **take the focus off competitiveness and winning** and instead **emphasize fun, technical development, sportsmanship and athleticism**. Players rotate positions and enjoy equal playing time.

**How is CRUSADERS different?** We have a **Co-ed Micro Soccer Program** (3-4 year olds). We offer **free coach training, high-quality uniforms, beautiful playing fields, and a commitment to providing the best soccer experience** available. Additionally, we have an **excellent competitive program** with the primary goal of developing premier soccer players and challenging athletes to achieve their best.

**Co-ed Micro Soccer:** Crusaders fielded 36 teams in its Micro League in 2009. Micro soccer features **five-player teams, on small fields with small goals and no goalkeepers**. A parent-coach from each side is allowed on the field as referee and guide. Practices begin in August & September; games begin in early September and end before the Thanksgiving holiday. Games are played on Saturdays. Practice times vary with each coach.

### FEES:

<b>Micro Soccer:</b>	<b>\$95</b>
<b>U-6 (Div. 7) thru U-12 (Div. 4):</b>	<b>\$130</b>
<b>U-13 (Div. 3) thru U-16 (Div. 2):</b>	<b>\$145</b>
<b>Late Registration: (all ages, after July 10, if space available)</b>	<b>\$155</b>
<b>Cancellation Fee: (if refund requested before 7/31/2010)</b>	<b>\$25</b>
<i>Sorry, we are unable to give any refunds after 8/1/2010</i>	

## free practice t-shirt with paid registration

### SIGN-UPS:

**PALISADES CHURCH**

**6301 Birchwood Street**

- Thursday, May 13th: 6:00pm-9:00pm
- Thursday, May 27th: 6:00pm-9:00pm
- Thursday, June 10th: 6:00pm-9:00pm
- Thursday, June 24th: 6:00pm-9:00pm
- Thursday, July 1st: 6:00pm-9:00pm

**SAN CARLOS RECREATION CENTER**

**6445 Lake Badin Avenue**

- Saturday, May 22nd: 9:00am-1:00pm

**ALLIED GARDENS RECREATION CENTER**

**5155 Greenbrier Avenue**

- Saturday, June 19th: 9:00am-1:00pm

*(Visa & Mastercard accepted at all locations.)*

**WHAT TO BRING TO SIGN UPS:** A copy of your **birth certificate**, a **check** made out to Crusaders Soccer Club, and the name of a friend or coach that the player will want to play with during the season. Crusaders tries to honor requests, but only if it results in teams that are equal in strength.

**Frequently Given Answers and Important Dates** are on the back of this flyer. See [www.sandiegocrusaders.com](http://www.sandiegocrusaders.com) for field, registration, contact information and more!

## frequently given answers about crusaders recreational program:

1. **Fees cover all soccer expenses**, including uniform (except shoes, shin guards and ball), free clinics, field preparation, insurance, CYSA fees, coach training, coaches' equipment, directory, and maintenance of web site.
2. **Equal play time!** Coaches are encouraged to give each and every child equal playing time and the chance to play different offensive and defensive positions.
3. **Each player will need shin-guards and a proper-size ball** (#3 for ages up to U8; #4 for ages U9-U12; #5 for ages 12-18). You should consider purchasing **proper soccer cleats** (baseball cleats are acceptable if the front spike is removed) and a water bottle. **Most local sporting goods stores offer package deals for under \$35 for cleats, shin-guards and a ball.** Your team may also elect to collect fees for silk-screening players' names on the back of jerseys, buy trophies, and/or a plaque for the coach. You may buy additional pictures of your player and team at Opening Day.
4. **Teams are formed by the last week in July.** Please call your recreation director if you HAVE NOT received a call by August 10. The recreation directors are: **Girls' Recreation Director: Ed Levelier (619) 922-5724; Recreation Director: Dan Rubin (619) 501-9957.** If you need a response within 24 hours its best to email Dan at [dantbdman@cox.net](mailto:dantbdman@cox.net)
5. **Crusaders will provide its coaches with information about available practice fields.** Several fields are available in the Allied Gardens, Del Cerro and San Carlos areas. Practice times and locations are at the discretion of each team's coach. Typically, practices are 60 to 90 minutes long, twice a week, late afternoons during weekdays.
6. **Practices start in August.** Games are played on Saturdays between 8:00 am and 5:00 pm. The first games will begin in early September. Your coach will have specific dates for games and for the Opening Day. No games will be scheduled over the Thanksgiving weekend. Games will be played at various fields in Allied Gardens, Del Cerro and San Carlos.
7. **Rain or muddy fields MAY cause cancellation of games.** The fields are not ours and MAY be closed by schools, San Diego Parks and Recreation Department, or by the referees. If there has been recent rain, or possible upcoming rain, please call your coach to determine if games are to be played or rescheduled. Crusaders prefers to play in imperfect weather rather than cancel or reschedule games, but we will defer to school and Parks & Recreation decisions.

## important dates for the 2010 season

- **SUMMER CAMP:** July 26 - July 29, \$100 (Please visit web page for more information.)
- **FRIDAY FREE CLINICS:** Begin on August 13 (Kids 6 & up. Please visit web page for more info.)
- **OPENING DAY & PICTURE DAY:** Sunday, September 12, 2010 at Allied Garden Rec. Center
- **FIRST GAME:** on Saturday, September 11, 2010
- **LAST GAME:** Saturday, November 20, 2010

**If you have any questions please visit the web site or e-mail your coordinator.**  
Visit [www.sandiegocrusaders.com](http://www.sandiegocrusaders.com) for field, registration, contact information and more!