



Advanced Skills Development Program

We are committed to providing opportunities for young soccer players at every ability level to develop their skills and knowledge of soccer. The **CSC Advanced Skills Development Program (ASDP)** offers players with strong basic skills in their age group the opportunity to learn advanced skills and challenge their ability at higher levels.

Challenge player abilities

Practice with advanced peers

Meet CSC professional coaches

Train with our National “A” licensed coaching directors

Learn about competitive soccer skills

The ASDP is available for players:

- With strong basic skills for their age level;
- From divisions 6b, 6a, and 5b (birthdays between 8/1/00 and 7/31/03)

Program details:

- 8 weeks of 1-hour training sessions;
- Friday evenings from 5:30 – 6:30 pm, running from 10/2 to 11/20;
- Developmentally appropriate skill curriculum at each age level;
- Player to coach ratio of 11 to 1 or better;
- Practice with peers having strong basic skills;
- Two weeks run by **Michael Ndoumbe** (CSC Coaching Director) and **A.C. Toumi** (Educational Development Director). Both are **National “A” licensed coaches** and former **national level professional players**;
- Six weeks run by age-group expert CSC professional coaches;
- Opportunity to participate in a city-wide recreational all-star tournament at the end of the regular recreational season (in December);
- Emphasizes fun, love of soccer, and camaraderie among peers;
- Minimal fee for participation required

Prerequisites:

- Evidence of strong basic skills at the player’s age level;
- Strong player interest in soccer

To Learn More:

Contact any of the following individuals: Michael Ndoumbe (michaelndoumbe@cox.net), 619-339-8836, Jamie Christian (christj@cox.net), 619-667-9280, or Ceasar Herrera (cfherrera@cox.net), OR Ask about the ASDP at the regular CSC Friday night clinic at Pershing Middle School. See the CSC website at www.sandiegocrusaders.com.