



## Advanced Skill Development Program Question and Answer Sheet

**Question:** What is the purpose of the Advanced Skill Development Program?

**Answer:** The ASDP has multiple aims. First and foremost, it is designed to provide an ideal skill development arena for recreational players and families that want more advanced training opportunities as part of their recreational soccer experience. With small group sizes, players who all have strong basic skills for their age level, and a structured curriculum that will challenge young players to stretch their abilities, the ASDP provides a forum in which players can develop. The ASDP is designed to help take CSC recreational players from having strong basic skills to having excellent basic skills plus more sophisticated techniques and game awareness.

In addition to helping players make significant strides in their own skill levels, the ASDP provides a forum for players and parents to meet the CSC professional coaching staff, several of whom have played at the national level, and many of whom have high level coaching licenses and/or coach at the college level. The ASDP also provides a natural environment in which to learn more about the benefits of CSC professional coaching, to meet other families with similar levels of interest in soccer, and to talk with CSC professional coaches about the CSC competitive soccer program.

**Question:** How does the ASDP differ from the existing CSC Friday clinic activities held at Pershing Middle School?

**Answer:** The ASDP is designed to provide a more intensive training program for a smaller group of players at each age level who want opportunities to stretch their abilities to new levels. Because all players in the ASDP must have strong basic soccer skills for their age group, it will allow CSC professional coaches the opportunity to run training activities that are more sophisticated than those possible in most recreational team settings or in the traditional Friday clinics held by CSC.

The ASDP is also different in that it will lead into opportunities to participate in an end-of-season county-wide recreational all-star tournament in December.

**Question:** How is the ASDP different from the CSC competitive soccer program?

**Answer:** The ASDP is designed to be an addition to the experience of the recreational soccer player. Its duration, eight training sessions, is much shorter than the annual

training activities of CSC competitive soccer teams and ASDP players do not participate in multiple high-level tournaments during the year. The ASDP is designed to provide players and families with the opportunity to explore some of the experiences of CSC competitive soccer players and to ask questions about the CSC competitive soccer program. However, the primary mission of the ASDP is to help CSC recreational soccer players with high levels of interest in soccer to develop their own soccer abilities to new levels and to further encourage a love of the game.

**Question:** Is the ASDP just a way to convince players and parents to take part in the CSC competitive soccer program?

**Answer:** No. The ASDP does provide an excellent opportunity to meet the CSC club directors and competitive coaching staff at your son/daughter's age level, but the primary purpose of the ASDP is to allow players with already more developed skills a venue in which to develop those skills at an accelerated pace, due both to the overall level of skill and motivation among participating players and to the expertise of the coaching staff who will lead the ASDP. For players and families interested in the possibility of playing competitive soccer at some point, the ASDP will provide a chance for players and coaches to get to know one another and for families to learn more about CSC competitive soccer.

**Question:** Does my child have to try out to take part in the ASDP?

**Answer:** The ASDP is an advanced training seminar for players in recreational divisions 6b, 6a, and 5b (birthdays between 8/1/00 and 7/31/03). Because it will emphasize more challenging activities appropriate for players having already developed a strong basic skills foundation, players will be required to demonstrate readiness to participate in the program. Readiness will be assessed by the CSC professional coaching staff in various ways, such as through feedback from recreational coaches and direct opportunities for professional coaches to see players' current skills. The strong basic skills prerequisite will be followed to ensure that players are ready to participate in and benefit from ASDP activities and will not feel frustrated that activities are too far beyond their current abilities. Players may enter the ASDP at any time that their skills are developed enough to benefit from participation.

**Question:** Is the ASDP the only way for my son/daughter to play in the end of season recreational all-stars tournament?

**Answer:** No, other players will also be invited to participate in this activity, but the ASDP is an excellent opportunity for players wanting to take part in the end-of-season tournament to get to know one another, to play together, and to receive training from the coach who will take them to the tournament.

**Question:** How much does the ASDP Cost?

**Answer:** \$80 for 8 training sessions.

**Question:** What else can you tell me about the program details?

**Answer:** See the ASDP flyer for details, but these details include:

- 8 weeks of 1-hour training sessions;
- Friday evenings from 5:30 – 6:30 pm, running from 10/2 to 11/20;
- Developmentally appropriate skill curriculum at each age level;
- Player to coach ratio of 11 to 1 or better;
- Practice with peers having strong basic skills;
- Two weeks run by **Michael Ndoumbe** (CSC Coaching Director) and **A.C. Toumi** (Educational Development Director). Both are **National “A” licensed coaches** and former **national level professional players**;
- Six weeks run by age-group expert CSC professional coaches;
- Opportunity to participate in a city-wide recreational all-star tournament at the end of the regular recreational season (in December);
- Emphasizes fun, love of soccer, and camaraderie among peers;
- Minimal fee for participation required

**Question:** Who do I contact if we are interested in the ASDP?

**Answer:** See the ASDP flyer, but these are the contacts:

#### ASDP Contacts

Contact any of the following individuals: Michael Ndoumbe ([michaelndoumbe@cox.net](mailto:michaelndoumbe@cox.net)), 619-339-8836, Jamie Christian ([christj@cox.net](mailto:christj@cox.net)), 619-667-9280, or Ceasar Herrera ([cfherrera@cox.net](mailto:cfherrera@cox.net)), OR Ask about the ASDP at the regular CSC Friday night clinic at Pershing Middle School. See the CSC website at [www.sandiegocrusaders.com](http://www.sandiegocrusaders.com).